





---

2024

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# Year-at-a-Glance

## JANUARY 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |    |    |    |

## FEBRUARY 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  |    |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 |    |    |

## MARCH 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |

## APRIL 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |    |

## MAY 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

## JUNE 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 |    |    |    |    |    |    |

## JULY 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |    |    |    |

## AUGUST 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  |    |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

## SEPTEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

## OCTOBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 |    |    |

## NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  |    |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

## DECEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |    |    |    |    |



| Holiday                     | 2024   | 2025   |
|-----------------------------|--------|--------|
| New Year's Day              | Jan-1  | Jan-1  |
| Martin Luther King, Jr. Day | Jan-15 | Jan-20 |
| Valentine's Day             | Feb-14 | Feb-14 |
| President's Day             | Feb-19 | Feb-17 |
| Ash Wednesday               | Feb-14 | Mar-5  |
| Daylight Savings Begins     | Mar-10 | Mar-9  |
| St. Patrick's Day           | Mar-17 | Mar-17 |
| First Day of Spring         | Mar-19 | Mar-20 |
| Good Friday                 | Mar-29 | Apr-18 |
| Easter                      | Mar-31 | Apr-20 |
| Mother's Day                | May-12 | May-11 |
| Memorial Day                | May-27 | May-26 |
| Flag Day                    | Jun-14 | Jun-14 |
| Father's Day                | Jun-16 | Jun-15 |
| First Day of Summer         | Jun-20 | Jun-20 |
| Independence Day            | Jul-4  | Jul-4  |
| Labor Day                   | Sep-2  | Sep-1  |
| First Day of Autumn         | Sep-22 | Sep-22 |
| Columbus Day                | Oct-14 | Oct-13 |
| Halloween                   | Oct-31 | Oct-31 |
| Daylight Savings Ends       | Nov-3  | Nov-2  |
| Veteran's Day               | Nov-11 | Nov-11 |
| Thanksgiving                | Nov-28 | Nov-27 |
| First Day of Winter         | Dec-21 | Dec-21 |
| Christmas Day               | Dec-25 | Dec-25 |
| New Year's Eve              | Dec-31 | Dec-31 |

# Moon Phases

|    | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1  |     |     |     |     |     |     |     |     |     |     |     |     |
| 2  |     |     |     |     |     |     |     |     |     |     |     |     |
| 3  |     |     |     |     |     |     |     |     |     |     |     |     |
| 4  |     |     |     |     |     |     |     |     |     |     |     |     |
| 5  |     |     |     |     |     |     |     |     |     |     |     |     |
| 6  |     |     |     |     |     |     |     |     |     |     |     |     |
| 7  |     |     |     |     |     |     |     |     |     |     |     |     |
| 8  |     |     |     |     |     |     |     |     |     |     |     |     |
| 9  |     |     |     |     |     |     |     |     |     |     |     |     |
| 10 |     |     |     |     |     |     |     |     |     |     |     |     |
| 11 |     |     |     |     |     |     |     |     |     |     |     |     |
| 12 |     |     |     |     |     |     |     |     |     |     |     |     |
| 13 |     |     |     |     |     |     |     |     |     |     |     |     |
| 14 |     |     |     |     |     |     |     |     |     |     |     |     |
| 15 |     |     |     |     |     |     |     |     |     |     |     |     |
| 16 |     |     |     |     |     |     |     |     |     |     |     |     |
| 17 |     |     |     |     |     |     |     |     |     |     |     |     |
| 18 |     |     |     |     |     |     |     |     |     |     |     |     |
| 19 |     |     |     |     |     |     |     |     |     |     |     |     |
| 20 |     |     |     |     |     |     |     |     |     |     |     |     |
| 21 |     |     |     |     |     |     |     |     |     |     |     |     |
| 22 |     |     |     |     |     |     |     |     |     |     |     |     |
| 23 |     |     |     |     |     |     |     |     |     |     |     |     |
| 24 |     |     |     |     |     |     |     |     |     |     |     |     |
| 25 |     |     |     |     |     |     |     |     |     |     |     |     |
| 26 |     |     |     |     |     |     |     |     |     |     |     |     |
| 27 |     |     |     |     |     |     |     |     |     |     |     |     |
| 28 |     |     |     |     |     |     |     |     |     |     |     |     |
| 29 |     |     |     |     |     |     |     |     |     |     |     |     |
| 30 |     |     |     |     |     |     |     |     |     |     |     |     |
| 31 |     |     |     |     |     |     |     |     |     |     |     |     |

Quick References



# Contacts

[illegible]





# Contacts

[illegible]



Sunday

Monday

Tuesday

Wednesday

DECEMBER 2023

S M T W T F S

1 2

3 4 5 6 7 8 9

10 11 12 13 14 15 16

17 18 19 20 21 22 23

24 25 26 27 28 29 30

31

1

1/365

2

2/364

3

3/363

7

7/359

8

8/358

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9/357

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10/356

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14/352

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15/351

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16/350

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17/349

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21/345

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22/344

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23/343

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24/342

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28/338

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29/337

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30/336

31

31/335

| Thursday |        | Friday |        | Saturday                                                                                                                    |        |
|----------|--------|--------|--------|-----------------------------------------------------------------------------------------------------------------------------|--------|
| 4        | 4/362  | 5      | 5/361  | 6                                                                                                                           | 6/360  |
| 11       | 11/355 | 12     | 12/354 | 13                                                                                                                          | 13/353 |
| 18       | 18/348 | 19     | 19/347 | 20                                                                                                                          | 20/346 |
| 25       | 25/341 | 26     | 26/340 | 27                                                                                                                          | 27/339 |
|          |        |        |        | FEBRUARY 2024<br>S M T W T F S<br>1 2 3<br>4 5 6 7 8 9 10<br>11 12 13 14 15 16 17<br>18 19 20 21 22 23 24<br>25 26 27 28 29 |        |

January 2024

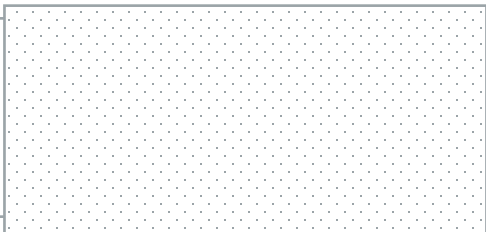
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## Goals

## Important Dates

## To Do

Notes:



| JANUARY 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              | 1  | 2  | 3  | 4  | 5  | 6  |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

- 1 Monday

- 2 Tuesday

- 3 Wednesday

**4 Thursday**

**5 Friday**

**6 Saturday**

**7 Sunday**

Notes:

| JANUARY 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              | 1  | 2  | 3  | 4  | 5  | 6  |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

8 Monday

9 Tuesday

10 Wednesday



***11* Thursday**

***12* Friday**

***13* Saturday**

***14* Sunday**

Notes:

| JANUARY 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              | 1  | 2  | 3  | 4  | 5  | 6  |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

15 Monday

16 Tuesday

17 Wednesday

*18* **Thursday**

*19* **Friday**

*20* **Saturday**

*21* **Sunday**

Notes:

| JANUARY 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              | 1  | 2  | 3  | 4  | 5  | 6  |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

22 Monday

23 Tuesday

24 Wednesday

**25 Thursday**

**26 Friday**

**27 Saturday**

**28 Sunday**

Notes:

| JANUARY 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              | 1  | 2  | 3  | 4  | 5  | 6  |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

- 29 Monday

- 30 Tuesday

- 31 Wednesday

**1 Thursday**

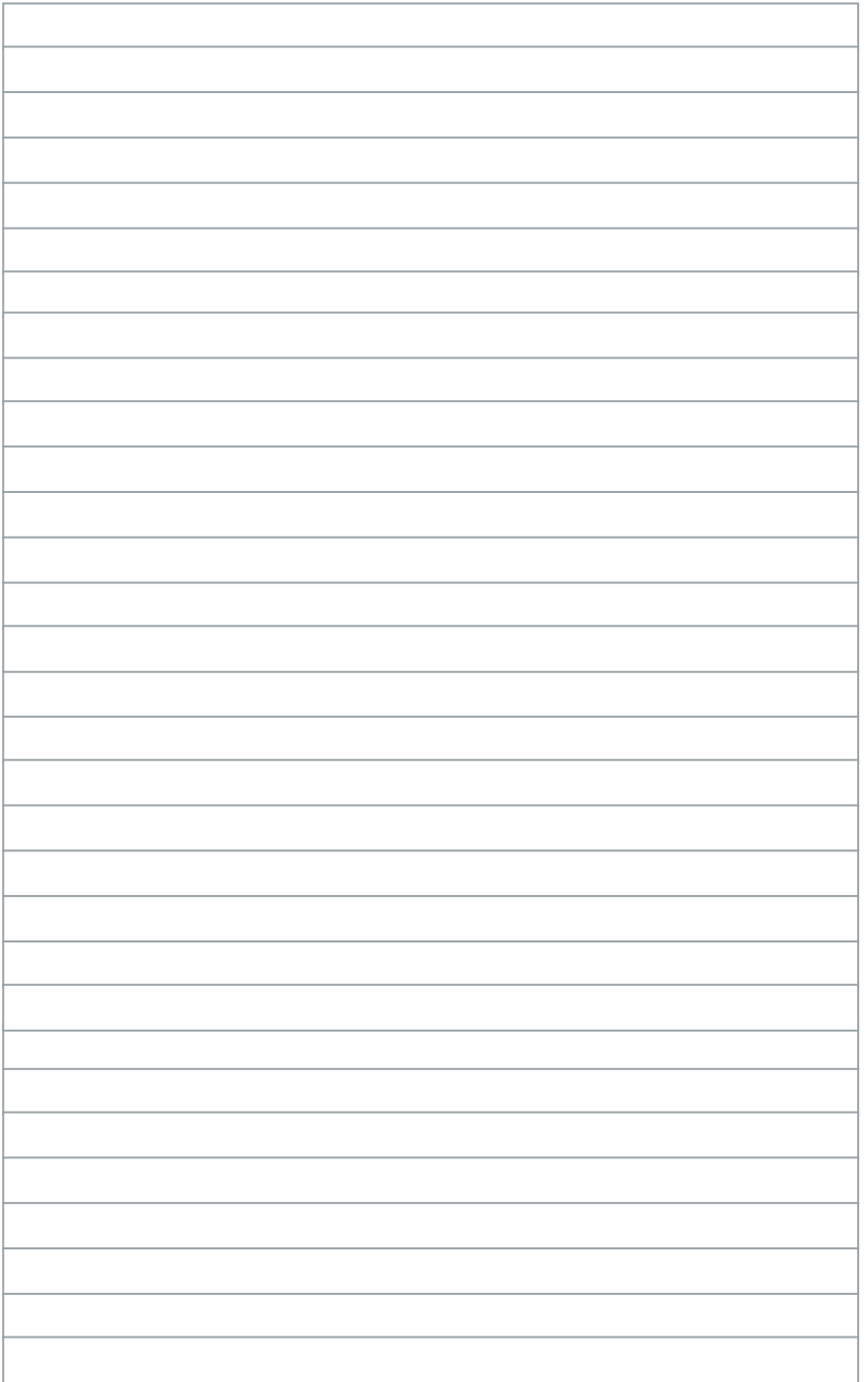
**2 Friday**

**3 Saturday**

**4 Sunday**

[illegible]







Sunday

Monday

Tuesday

Wednesday

JANUARY 2024

S M T W T F S

1 2 3 4 5 6

7 8 9 10 11 12 13

14 15 16 17 18 19 20

21 22 23 24 25 26 27

28 29 30 31

4

35/331

5

36/330

6

37/329

7

38/328

11

42/324

12

43/323

13

44/322

14

45/321

18

49/317

19

50/316

20

51/315

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52/314

25

56/310

26

57/309

27

58/308

28

59/307

| Thursday |        | Friday |        | Saturday                                                                                                                          |        |
|----------|--------|--------|--------|-----------------------------------------------------------------------------------------------------------------------------------|--------|
| 1        | 32/334 | 2      | 33/333 | 8                                                                                                                                 | 34/332 |
| 8        | 39/327 | 9      | 40/326 | 10                                                                                                                                | 41/325 |
| 15       | 46/320 | 16     | 47/319 | 17                                                                                                                                | 48/318 |
| 22       | 53/313 | 28     | 54/312 | 24                                                                                                                                | 55/311 |
| 29       | 60/306 |        |        | MARCH 2024<br>S M T W T F S<br>1 2<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30<br>31 |        |

February 2024

[illegible]

Due

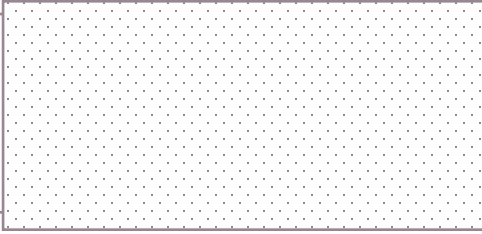
## Notes

**Goals**

**Important Dates**

**To Do**

Notes:



| FEBRUARY 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    | 1  | 2  | 3  |
| 4             | 5  | 6  | 7  | 8  | 9  | 10 |
| 11            | 12 | 13 | 14 | 15 | 16 | 17 |
| 18            | 19 | 20 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27 | 28 | 29 |    |    |

5 Monday

6 Tuesday

7 Wednesday

| 8 Thursday |
|------------|
|            |
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|            |
|            |
|            |

[illegible]

*10 Saturday*

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[illegible]

Notes:

| FEBRUARY 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    | 1  | 2  | 3  |
| 4             | 5  | 6  | 7  | 8  | 9  | 10 |
| 11            | 12 | 13 | 14 | 15 | 16 | 17 |
| 18            | 19 | 20 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27 | 28 | 29 |    |    |

12 Monday

13 Tuesday

14 Wednesday



***15* Thursday**

***16* Friday**

***17* Saturday**

***18* Sunday**

Notes:

| FEBRUARY 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    | 1  | 2  | 3  |
| 4             | 5  | 6  | 7  | 8  | 9  | 10 |
| 11            | 12 | 13 | 14 | 15 | 16 | 17 |
| 18            | 19 | 20 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27 | 28 | 29 |    |    |

19 Monday

20 Tuesday

21 Wednesday

| 22 Thursday |
|-------------|
|             |
|             |
|             |
|             |
|             |
|             |

20 Friday

**24 Saturday**

20 Sunday

Notes:

| FEBRUARY 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    | 1  | 2  | 3  |
| 4             | 5  | 6  | 7  | 8  | 9  | 10 |
| 11            | 12 | 13 | 14 | 15 | 16 | 17 |
| 18            | 19 | 20 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27 | 28 | 29 |    |    |

26 Monday

27 Tuesday

28 Wednesday

**29 Thursday**

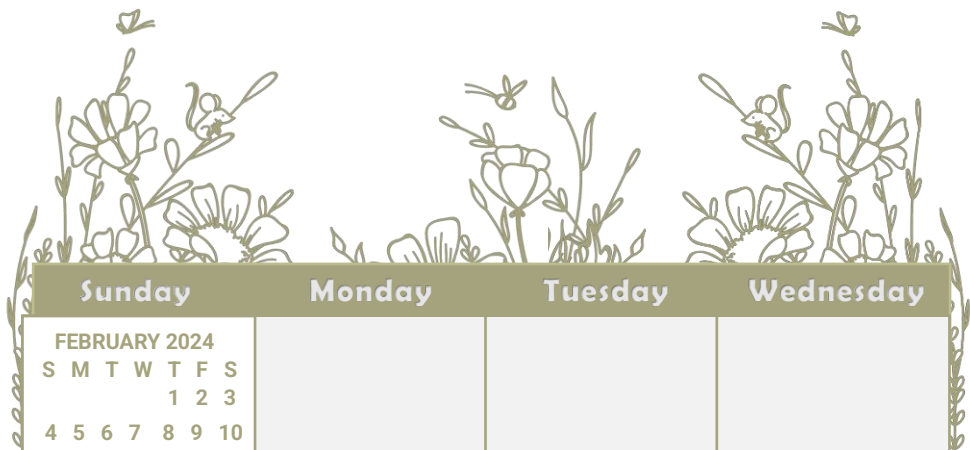
**1 Friday**

**2 Saturday**

**3 Sunday**

[illegible]

[illegible]



Sunday

Monday

Tuesday

Wednesday

FEBRUARY 2024

S M T W T F S

1 2 3

4 5 6 7 8 9 10

11 12 13 14 15 16 17

18 19 20 21 22 23 24

25 26 27 28 29

2 63/303

4 64/302

5 65/301

6 66/300

10 70/296

11 71/295

12 72/294

13 73/293

17 77/289

18 78/288

19 79/287

20 80/286

24 84/282

25 85/281

26 86/280

27 87/279

21 91/275





| Thursday                                                                                                                    |        | Friday |        | Saturday |        |
|-----------------------------------------------------------------------------------------------------------------------------|--------|--------|--------|----------|--------|
| APRIL 2024<br>S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30 |        | 1      | 61/305 | 2        | 62/304 |
| 7                                                                                                                           | 67/299 | 8      | 68/298 | 9        | 69/297 |
| 14                                                                                                                          | 74/292 | 15     | 75/291 | 16       | 76/290 |
| 21                                                                                                                          | 81/285 | 22     | 82/284 | 28       | 83/283 |
| 28                                                                                                                          | 88/278 | 29     | 89/277 | 30       | 90/276 |

March 2024

[illegible]

## Notes

## Goals

## Important Dates

## To Do

Notes:

| MARCH 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    |    |    |    | 1  | 2  |
| 3          | 4  | 5  | 6  | 7  | 8  | 9  |
| 10         | 11 | 12 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19 | 20 | 21 | 22 | 23 |
| 24         | 25 | 26 | 27 | 28 | 29 | 30 |
| 31         |    |    |    |    |    |    |

4 Monday

5 Tuesday

6 Wednesday

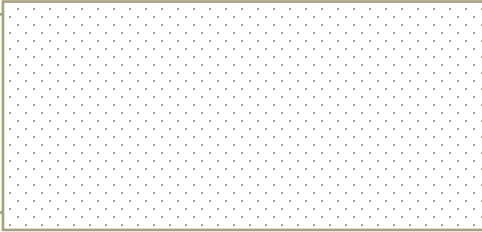
**7 Thursday**

**8 Friday**

**9 Saturday**

**10 Sunday**

Notes:



| MARCH 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    |    |    |    | 1  | 2  |
| 3          | 4  | 5  | 6  | 7  | 8  | 9  |
| 10         | 11 | 12 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19 | 20 | 21 | 22 | 23 |
| 24         | 25 | 26 | 27 | 28 | 29 | 30 |
| 31         |    |    |    |    |    |    |

**11 Monday**

**12 Tuesday**

**13 Wednesday**

| 17 Thursday |
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Notes:

| MARCH 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    |    |    |    | 1  | 2  |
| 3          | 4  | 5  | 6  | 7  | 8  | 9  |
| 10         | 11 | 12 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19 | 20 | 21 | 22 | 23 |
| 24         | 25 | 26 | 27 | 28 | 29 | 30 |
| 31         |    |    |    |    |    |    |

18 Monday

19 Tuesday

20 Wednesday



|            |  |
|------------|--|
| 2 Thursday |  |
|            |  |
|            |  |
|            |  |
|            |  |
|            |  |

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Notes:



| MARCH 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    |    |    |    | 1  | 2  |
| 3          | 4  | 5  | 6  | 7  | 8  | 9  |
| 10         | 11 | 12 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19 | 20 | 21 | 22 | 23 |
| 24         | 25 | 26 | 27 | 28 | 29 | 30 |
| 31         |    |    |    |    |    |    |

25 Monday

26 Tuesday

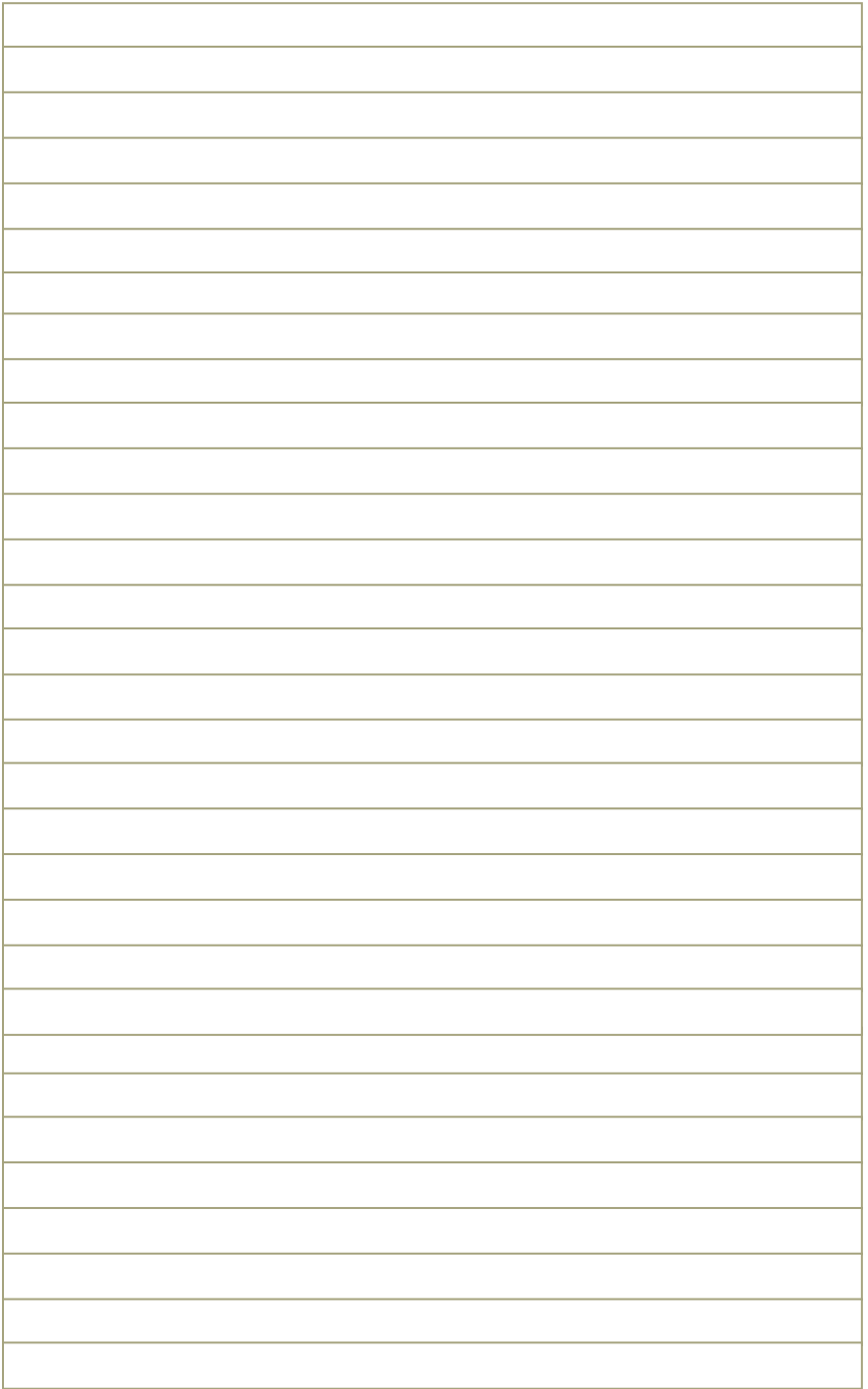
27 Wednesday

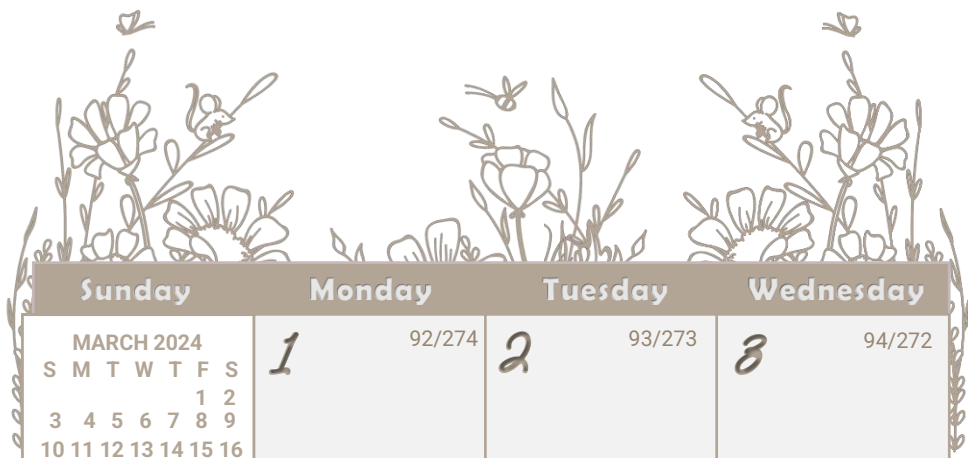
28 Thursday

| Day | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----|--------|---------|-----------|----------|--------|----------|--------|
| 1   |        |         |           |          |        |          |        |
| 2   |        |         |           |          |        |          |        |
| 3   |        |         |           |          |        |          |        |
| 4   |        |         |           |          |        |          |        |
| 5   |        |         |           |          |        |          |        |
| 6   |        |         |           |          |        |          |        |
| 7   |        |         |           |          |        |          |        |
| 8   |        |         |           |          |        |          |        |
| 9   |        |         |           |          |        |          |        |
| 10  |        |         |           |          |        |          |        |
| 11  |        |         |           |          |        |          |        |
| 12  |        |         |           |          |        |          |        |
| 13  |        |         |           |          |        |          |        |
| 14  |        |         |           |          |        |          |        |
| 15  |        |         |           |          |        |          |        |
| 16  |        |         |           |          |        |          |        |
| 17  |        |         |           |          |        |          |        |
| 18  |        |         |           |          |        |          |        |
| 19  |        |         |           |          |        |          |        |
| 20  |        |         |           |          |        |          |        |
| 21  |        |         |           |          |        |          |        |
| 22  |        |         |           |          |        |          |        |
| 23  |        |         |           |          |        |          |        |
| 24  |        |         |           |          |        |          |        |
| 25  |        |         |           |          |        |          |        |
| 26  |        |         |           |          |        |          |        |
| 27  |        |         |           |          |        |          |        |
| 28  |        |         |           |          |        |          |        |
| 29  |        |         |           |          |        |          |        |
| 30  |        |         |           |          |        |          |        |
| 31  |        |         |           |          |        |          |        |

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[illegible]





Sunday      Monday      Tuesday      Wednesday

|                                                                                                                                                                                                      |                                  |                                  |                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|----------------------------------|----------------------------------|
| <div>MARCH 2024</div> <div>S M T W T F S</div> <div>1 2</div> <div>3 4 5 6 7 8 9</div> <div>10 11 12 13 14 15 16</div> <div>17 18 19 20 21 22 23</div> <div>24 25 26 27 28 29 30</div> <div>31</div> | <div>1</div> <div>92/274</div>   | <div>2</div> <div>93/273</div>   | <div>3</div> <div>94/272</div>   |
| <div>7</div> <div>98/268</div>                                                                                                                                                                       | <div>8</div> <div>99/267</div>   | <div>9</div> <div>100/266</div>  | <div>10</div> <div>101/265</div> |
| <div>14</div> <div>105/261</div>                                                                                                                                                                     | <div>15</div> <div>106/260</div> | <div>16</div> <div>107/259</div> | <div>17</div> <div>108/258</div> |
| <div>21</div> <div>112/254</div>                                                                                                                                                                     | <div>22</div> <div>113/253</div> | <div>23</div> <div>114/252</div> | <div>24</div> <div>115/251</div> |
| <div>28</div> <div>119/247</div>                                                                                                                                                                     | <div>29</div> <div>120/246</div> | <div>30</div> <div>121/245</div> |                                  |



Thursday Friday Saturday

|             |             |             |
|-------------|-------------|-------------|
| 4<br>95/271 | 5<br>96/270 | 6<br>97/269 |
|-------------|-------------|-------------|

|               |               |               |
|---------------|---------------|---------------|
| 11<br>102/264 | 12<br>103/263 | 13<br>104/262 |
|---------------|---------------|---------------|

|               |               |               |
|---------------|---------------|---------------|
| 18<br>109/257 | 19<br>110/256 | 20<br>111/255 |
|---------------|---------------|---------------|

|               |               |               |
|---------------|---------------|---------------|
| 25<br>116/250 | 26<br>117/249 | 27<br>118/248 |
|---------------|---------------|---------------|

|  |  |                                                                                                                              |
|--|--|------------------------------------------------------------------------------------------------------------------------------|
|  |  | MAY 2024<br>S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30 31 |
|--|--|------------------------------------------------------------------------------------------------------------------------------|

April 2024

[illegible][illegible]



## Goals

## Important Dates

## To Do

Notes:



| APRIL 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            | 1  | 2  | 3  | 4  | 5  | 6  |
| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 |    |    |    |    |

1 Monday

2 Tuesday

3 Wednesday

**4 Thursday**

**5 Friday**

**6 Saturday**

**7 Sunday**

Notes:

| APRIL 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            | 1  | 2  | 3  | 4  | 5  | 6  |
| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 |    |    |    |    |

8 Monday

9 Tuesday

10 Wednesday

***11 Thursday***

***12 Friday***

***13 Saturday***

***14 Sunday***

Notes:



| APRIL 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            | 1  | 2  | 3  | 4  | 5  | 6  |
| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 |    |    |    |    |

**15 Monday**

**16 Tuesday**

**17 Wednesday**

**18 Thursday**

**19 Friday**

**20 Saturday**

**21 Sunday**

Notes:

| APRIL 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            | 1  | 2  | 3  | 4  | 5  | 6  |
| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 |    |    |    |    |

22 Monday

23 Tuesday

24 Wednesday



**25 Thursday**

**26 Friday**

**27 Saturday**

**28 Sunday**

Notes:



| APRIL 2024 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            | 1  | 2  | 3  | 4  | 5  | 6  |
| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 |    |    |    |    |

**29 Monday**

**30 Tuesday**

**1 Wednesday**

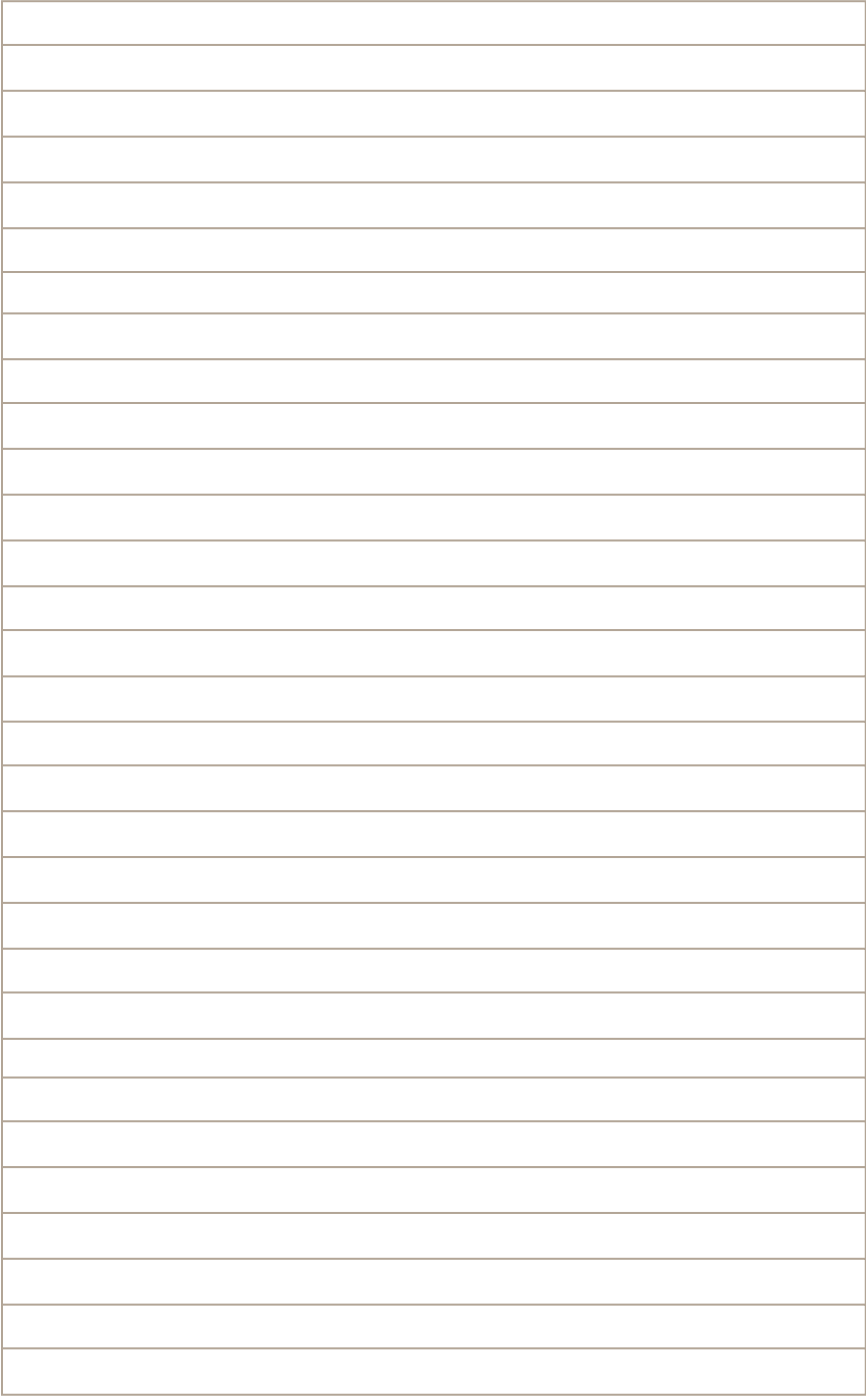
**2 Thursday**

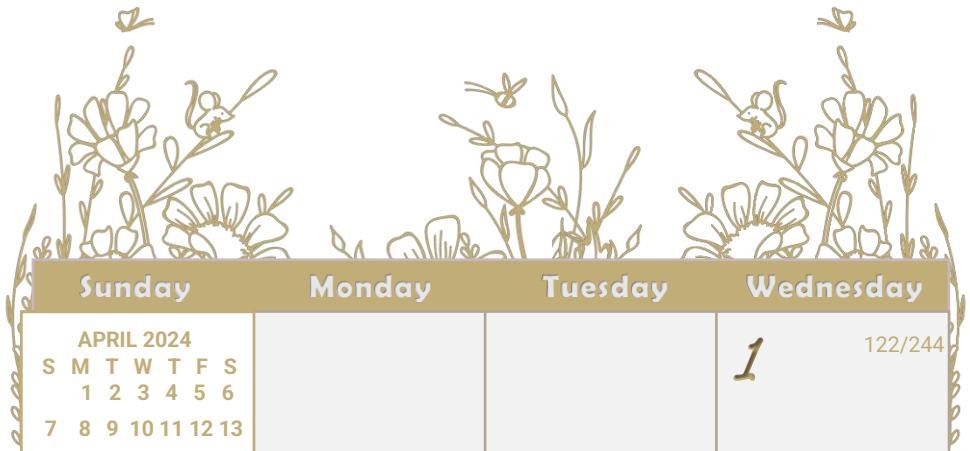
**3 Friday**

**4 Saturday**

**5 Sunday**

[illegible]





| Sunday                                                                                                                      | Monday    | Tuesday   | Wednesday |
|-----------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|
| APRIL 2024<br>S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30 |           |           | 1122/244  |
| 5126/240                                                                                                                    | 6127/239  | 7128/238  | 8129/237  |
| 12133/233                                                                                                                   | 13134/232 | 14135/231 | 15136/230 |
| 19140/226                                                                                                                   | 20141/225 | 21142/224 | 22143/223 |
| 26147/219                                                                                                                   | 27148/218 | 28149/217 | 29150/216 |



| Thursday  | Friday    | Saturday                                                                                                                      |
|-----------|-----------|-------------------------------------------------------------------------------------------------------------------------------|
| 2123/243  | 3124/242  | 4125/241                                                                                                                      |
| 9130/236  | 10131/235 | 11132/234                                                                                                                     |
| 16137/229 | 17138/228 | 18139/227                                                                                                                     |
| 23144/222 | 24145/221 | 25146/220                                                                                                                     |
| 30151/215 | 31152/214 | JUNE 2024<br>S M T W T F S<br>1<br>2 3 4 5 6 7 8<br>9 10 11 12 13 14 15<br>16 17 18 19 20 21 22<br>23 24 25 26 27 28 29<br>30 |

May 2024

[illegible]



## Goals

## Important Dates

## To Do

Notes:



| MAY 2024 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  |
|          |    |    | 1  | 2  | 3  | 4  |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |

6 Monday

7 Tuesday

8 Wednesday

**9 Thursday**

**10 Friday**

**11 Saturday**

**12 Sunday**

Notes:

| MAY 2024 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  |
|          |    |    | 1  | 2  | 3  | 4  |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |

**13 Monday**

**14 Tuesday**

**15 Wednesday**

***16 Thursday***

***17 Friday***

***18 Saturday***

***19 Sunday***

Notes:

| MAY 2024 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  |
|          |    |    |    | 1  | 2  | 3  |
|          |    |    |    | 4  |    |    |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |

20 Monday

21 Tuesday

22 Wednesday

20 Thursday

[illegible][illegible][illegible]

Notes:

| MAY 2024 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  |
|          |    |    |    | 1  | 2  | 3  |
| 4        |    |    |    |    |    |    |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |

- 27 Monday

- 28 Tuesday

- 29 Wednesday



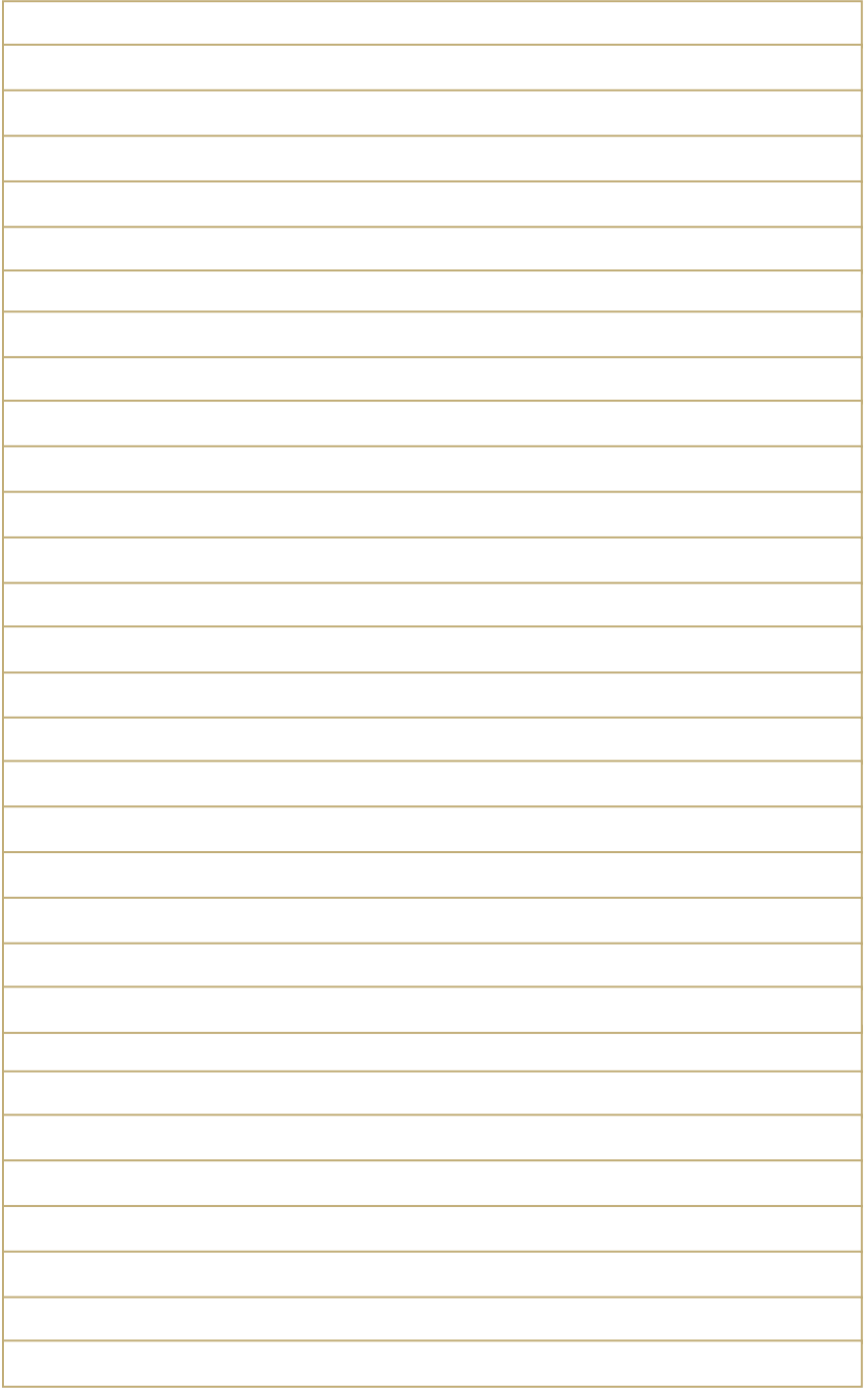
**30 Thursday**

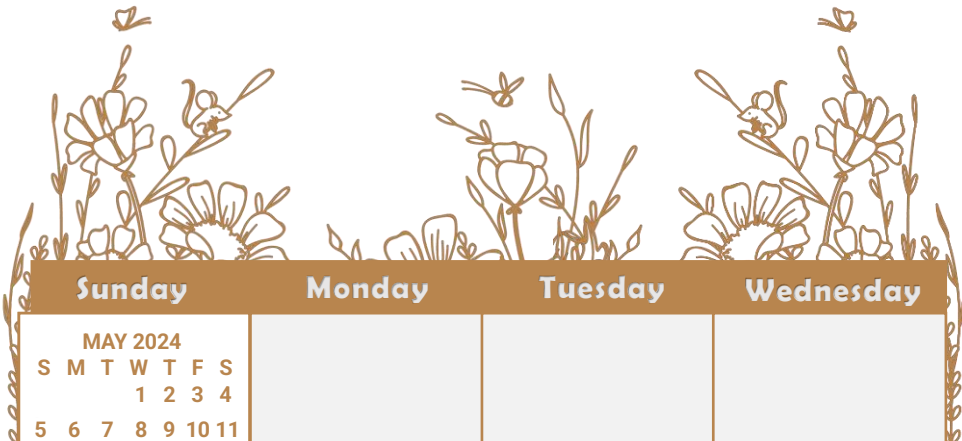
**31 Friday**

**1 Saturday**

**2 Sunday**

[illegible]





| Sunday                                                                                                                                                                                  | Monday    | Tuesday   | Wednesday |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|
| <div>MAY 2024</div> <div>S M T W T F S</div> <div>1 2 3 4</div> <div>5 6 7 8 9 10 11</div> <div>12 13 14 15 16 17 18</div> <div>19 20 21 22 23 24 25</div> <div>26 27 28 29 30 31</div> |           |           |           |
| 2154/212                                                                                                                                                                                | 3155/211  | 4156/210  | 5157/209  |
| 9161/205                                                                                                                                                                                | 10162/204 | 11163/203 | 12164/202 |
| 16168/198                                                                                                                                                                               | 17169/197 | 18170/196 | 19171/195 |
| 23175/191                                                                                                                                                                               | 24176/190 | 25177/189 | 26178/188 |
| 30182/184                                                                                                                                                                               |           |           |           |



| Thursday   | Friday                                                                                                                        | Saturday   | June 2024 |
|------------|-------------------------------------------------------------------------------------------------------------------------------|------------|-----------|
|            | JULY 2024<br>S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30 31 | 1 153/213  |           |
| 6 158/208  | 7 159/207                                                                                                                     | 8 160/206  |           |
| 13 165/201 | 14 166/200                                                                                                                    | 15 167/199 |           |
| 20 172/194 | 21 173/193                                                                                                                    | 22 174/192 |           |
| 27 179/187 | 28 180/186                                                                                                                    | 29 181/185 |           |
|            |                                                                                                                               |            |           |



[illegible]

## Goals

## Important Dates

## To Do

Notes:

| JUNE 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           |    |    |    |    |    | 1  |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        |    |    |    |    |    |    |

3 Monday

4 Tuesday

5 Wednesday



**6 Thursday**

**7 Friday**

**8 Saturday**

**9 Sunday**

Notes:

| JUNE 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           |    |    |    |    |    | 1  |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        |    |    |    |    |    |    |

- 10 Monday

- 11 Tuesday

- 12 Wednesday

|             |  |
|-------------|--|
| 10 Thursday |  |
|             |  |
|             |  |
|             |  |
|             |  |
|             |  |

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Notes:

| JUNE 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           |    |    |    |    |    | 1  |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        |    |    |    |    |    |    |

17 Monday

18 Tuesday

19 Wednesday

**20 Thursday**

**21 Friday**

**22 Saturday**

**23 Sunday**

Notes:

| JUNE 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           |    |    |    |    |    | 1  |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        |    |    |    |    |    |    |

24 Monday

25 Tuesday

26 Wednesday

**27 Thursday**

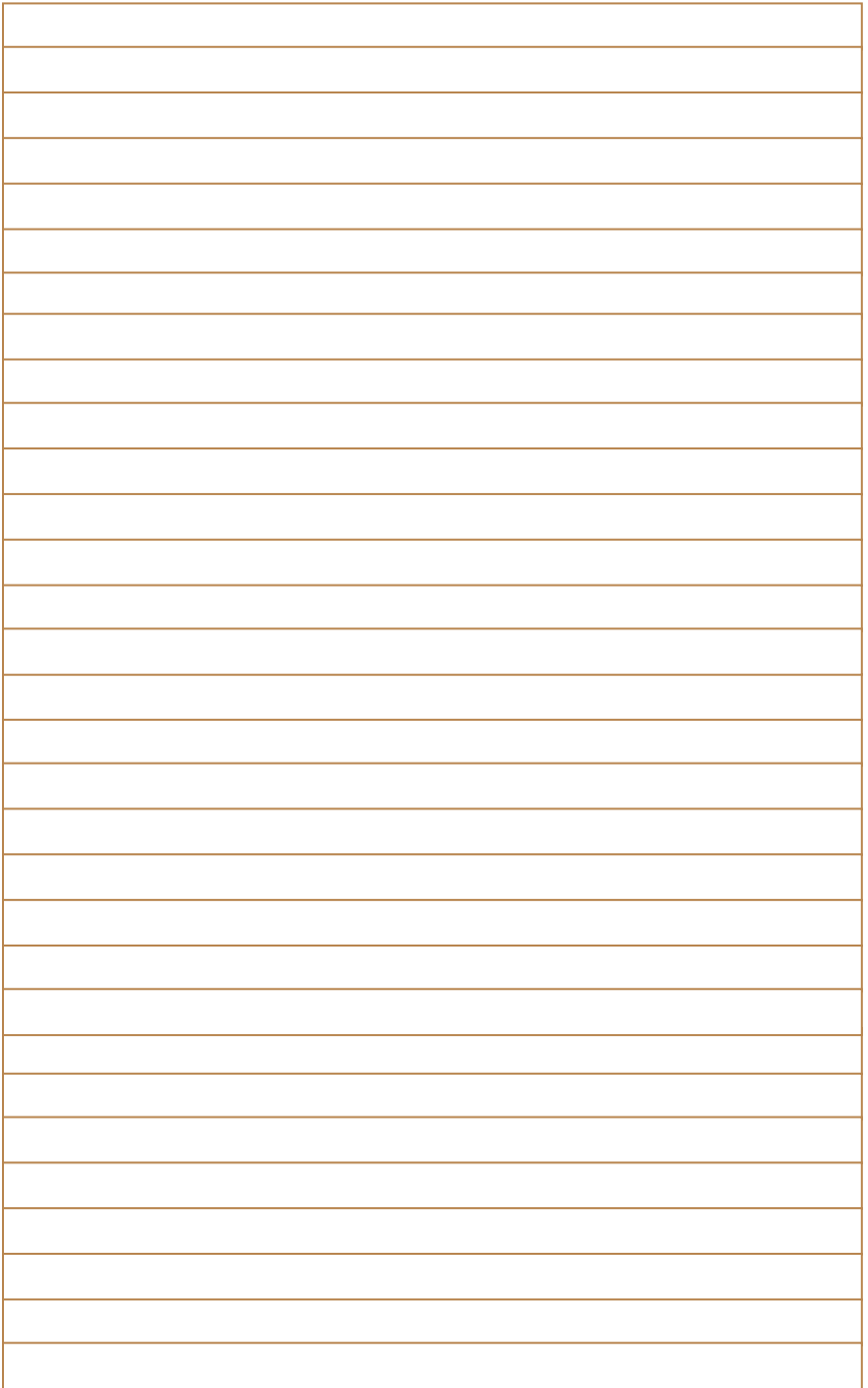
**28 Friday**

**29 Saturday**

**30 Sunday**

[illegible]







| Sunday                                                                                                                        |  |  |  |  |  |  |  |  |  | Monday    |  |  |  |  |  |  |  |  |  | Tuesday   |  |  |  |  |  |  |  |  |  | Wednesday |  |  |  |  |  |  |  |  |  |
|-------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|--|--|
| JUNE 2024<br>S M T W T F S<br>1<br>2 3 4 5 6 7 8<br>9 10 11 12 13 14 15<br>16 17 18 19 20 21 22<br>23 24 25 26 27 28 29<br>30 |  |  |  |  |  |  |  |  |  | 1183/183  |  |  |  |  |  |  |  |  |  | 2184/182  |  |  |  |  |  |  |  |  |  | 3185/181  |  |  |  |  |  |  |  |  |  |
| 7189/177                                                                                                                      |  |  |  |  |  |  |  |  |  | 8190/176  |  |  |  |  |  |  |  |  |  | 9191/175  |  |  |  |  |  |  |  |  |  | 10192/174 |  |  |  |  |  |  |  |  |  |
| 14196/170                                                                                                                     |  |  |  |  |  |  |  |  |  | 15197/169 |  |  |  |  |  |  |  |  |  | 16198/168 |  |  |  |  |  |  |  |  |  | 17199/167 |  |  |  |  |  |  |  |  |  |
| 21203/163                                                                                                                     |  |  |  |  |  |  |  |  |  | 22204/162 |  |  |  |  |  |  |  |  |  | 2320/161  |  |  |  |  |  |  |  |  |  | 24206/160 |  |  |  |  |  |  |  |  |  |
| 28210/156                                                                                                                     |  |  |  |  |  |  |  |  |  | 29211/155 |  |  |  |  |  |  |  |  |  | 30212/154 |  |  |  |  |  |  |  |  |  | 31213/153 |  |  |  |  |  |  |  |  |  |





| Thursday | Friday | Saturday |
|----------|--------|----------|
|----------|--------|----------|

|           |           |                                                                                                                                 |
|-----------|-----------|---------------------------------------------------------------------------------------------------------------------------------|
| 4186/180  | 5187/179  | 6188/178                                                                                                                        |
| 11193/173 | 12194/172 | 13195/171                                                                                                                       |
| 18200/166 | 19201/165 | 20202/164                                                                                                                       |
| 25207/159 | 26208/158 | 27209/157                                                                                                                       |
|           |           | AUGUST 2024<br>S M T W T F S<br>1 2 3<br>4 5 6 7 8 9 10<br>11 12 13 14 15 16 17<br>18 19 20 21 22 23 24<br>25 26 27 28 29 30 31 |

July 2024

[illegible]

**Goals**

**Important Dates**

**To Do**

Notes:

| JULY 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

1 Monday

2 Tuesday

3 Wednesday

**4 Thursday**

**5 Friday**

**6 Saturday**

**7 Sunday**

Notes:

| JULY 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

8 Monday

9 Tuesday

10 Wednesday



***11* Thursday**

***12* Friday**

***13* Saturday**

***14* Sunday**

Notes:

| JULY 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

- **15 Monday** \_\_\_\_\_

- **16 Tuesday** \_\_\_\_\_

- **17 Wednesday** \_\_\_\_\_

**18 Thursday**

**19 Friday**

**20 Saturday**

**21 Sunday**

Notes:

| JULY 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

22 Monday

23 Tuesday

24 Wednesday

**25 Thursday**

**26 Friday**

**27 Saturday**

**28 Sunday**

Notes:

| JULY 2024 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

29 Monday

30 Tuesday

31 Wednesday

**1 Thursday**

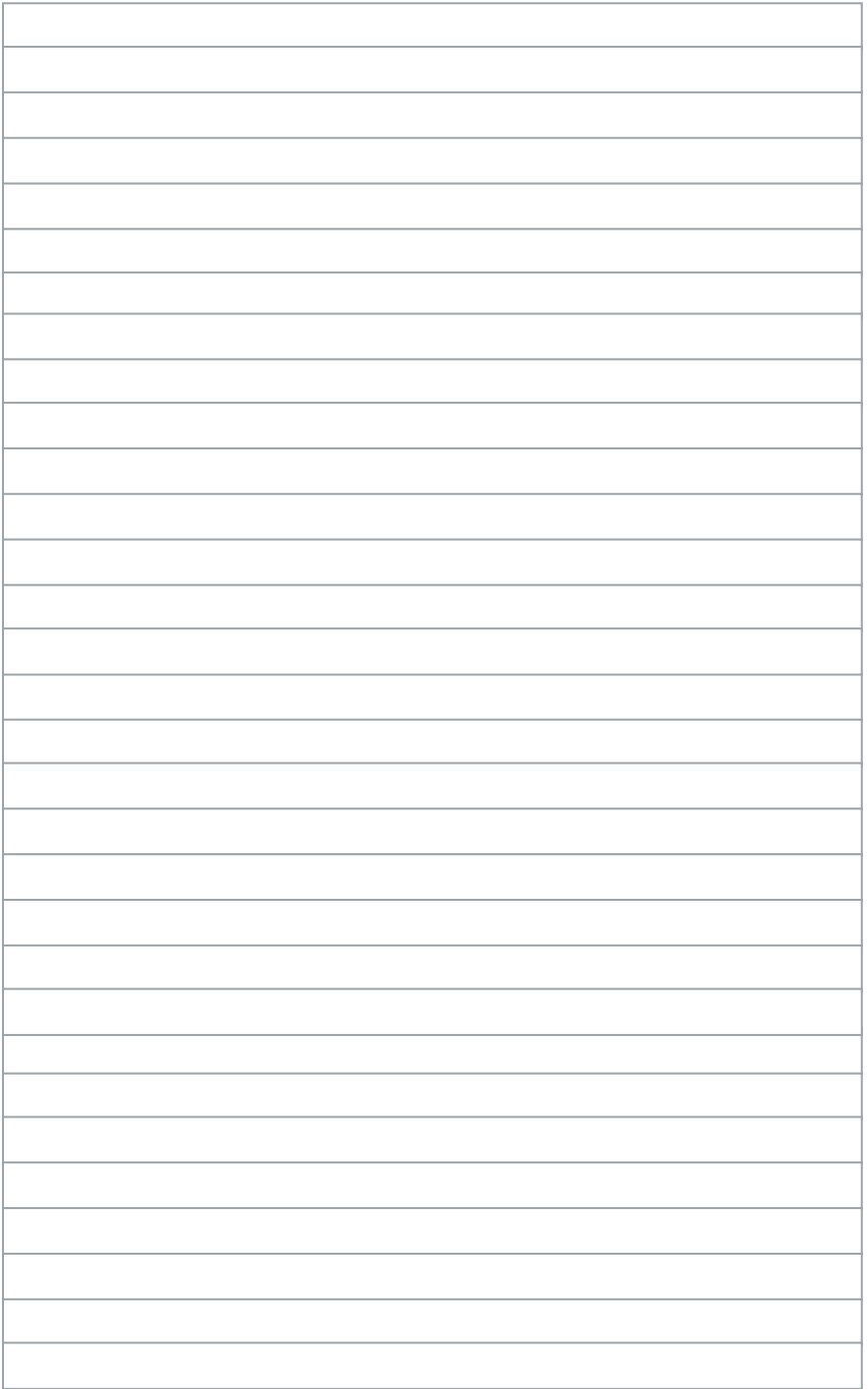
**2 Friday**

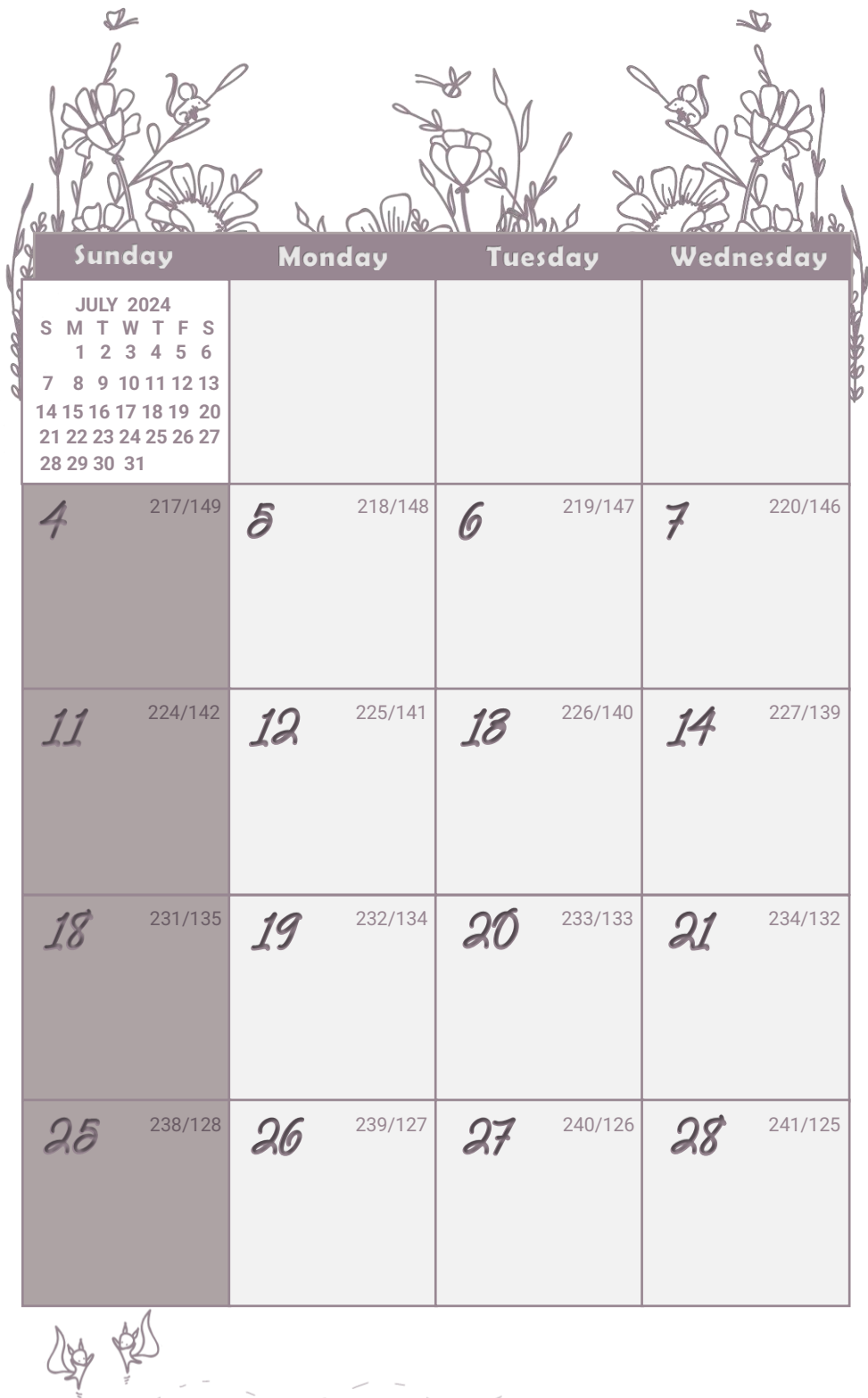
**3 Saturday**

**4 Sunday**

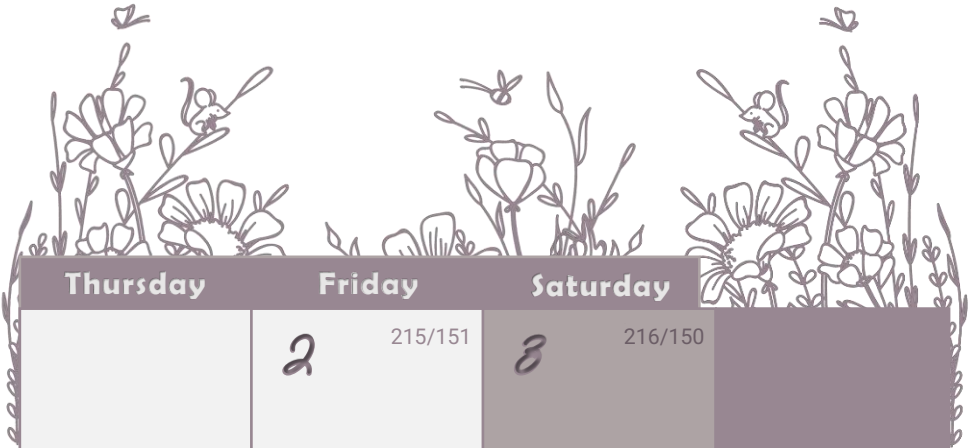
[illegible]







| Sunday                                                                                                                                                                                   | Monday    | Tuesday   | Wednesday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|
| <div>JULY 2024</div> <div>S M T W T F S</div> <div>1 2 3 4 5 6</div> <div>7 8 9 10 11 12 13</div> <div>14 15 16 17 18 19 20</div> <div>21 22 23 24 25 26 27</div> <div>28 29 30 31</div> |           |           |           |
| 4217/149                                                                                                                                                                                 | 5218/148  | 6219/147  | 7220/146  |
| 11224/142                                                                                                                                                                                | 12225/141 | 13226/140 | 14227/139 |
| 18231/135                                                                                                                                                                                | 19232/134 | 20233/133 | 21234/132 |
| 25238/128                                                                                                                                                                                | 26239/127 | 27240/126 | 28241/125 |



| Thursday  | Friday    | Saturday                                                                                                                        |
|-----------|-----------|---------------------------------------------------------------------------------------------------------------------------------|
|           | 2215/151  | 8216/150                                                                                                                        |
| 8221/145  | 9222/144  | 10223/143                                                                                                                       |
| 15228/138 | 16229/137 | 17230/136                                                                                                                       |
| 22235/131 | 28236/130 | 24237/129                                                                                                                       |
| 29242/124 | 30243/123 | SEPTEMBER 2024<br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 |

August 2024



[illegible]

**Goals**

**Important Dates**

**To Do**

Notes:

| AUGUST 2024 |    |    |    |    |    |     |
|-------------|----|----|----|----|----|-----|
| S           | M  | T  | W  | T  | F  | S   |
|             |    |    |    |    | 1  | 2 3 |
| 4           | 5  | 6  | 7  | 8  | 9  | 10  |
| 11          | 12 | 13 | 14 | 15 | 16 | 17  |
| 18          | 19 | 20 | 21 | 22 | 23 | 24  |
| 25          | 26 | 27 | 28 | 29 | 30 | 31  |

5 Monday

6 Tuesday

7 Wednesday

**8 Thursday**

**9 Friday**

**10 Saturday**

**11 Sunday**



AUGUST 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

12 Monday

|  |
|--|
|  |
|  |
|  |
|  |
|  |
|  |
|  |

17 Wednesday

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***15 Thursday***

***16 Friday***

***17 Saturday***

***18 Sunday***

Notes:

| AUGUST 2024 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| S           | M  | T  | W  | T  | F  | S  |
|             |    |    |    | 1  | 2  | 3  |
| 4           | 5  | 6  | 7  | 8  | 9  | 10 |
| 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |

- 19 Monday

- 20 Tuesday

- 21 Wednesday

**22 Thursday**

**23 Friday**

**24 Saturday**

**25 Sunday**

Notes:



| AUGUST 2024 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| S           | M  | T  | W  | T  | F  | S  |
|             |    |    |    | 1  | 2  | 3  |
| 4           | 5  | 6  | 7  | 8  | 9  | 10 |
| 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |

- 26 Monday

- 27 Tuesday

- 28 Wednesday

**29 Thursday**

**30 Friday**

**31 Saturday**

**1 Sunday**

[illegible]

[illegible]

| Sunday    | Monday    | Tuesday                                                                                                                         | Wednesday |
|-----------|-----------|---------------------------------------------------------------------------------------------------------------------------------|-----------|
| 1244/122  | 2245/121  | 3246/120                                                                                                                        | 4247/119  |
| 8251/115  | 9252/114  | 10253/113                                                                                                                       | 11254/112 |
| 15258/108 | 16259/107 | 17260/106                                                                                                                       | 18261/105 |
| 22265/101 | 23266/100 | 24267/99                                                                                                                        | 25268/98  |
| 29272/94  | 30273/93  | AUGUST 2024<br>S M T W T F S<br>1 2 3<br>4 5 6 7 8 9 10<br>11 12 13 14 15 16 17<br>18 19 20 21 22 23 24<br>25 26 27 28 29 30 31 |           |





| Thursday   |  | Friday     |  | Saturday                                                                                                                         |  |
|------------|--|------------|--|----------------------------------------------------------------------------------------------------------------------------------|--|
| 5 248/118  |  | 6 249/117  |  | 7 250/116                                                                                                                        |  |
| 12 255/111 |  | 13 256/110 |  | 14 257/109                                                                                                                       |  |
| 19 262/104 |  | 20 263/103 |  | 21 264/102                                                                                                                       |  |
| 26 269/97  |  | 27 270/96  |  | 28 271/95                                                                                                                        |  |
|            |  |            |  | OCTOBER 2024<br>S M T W T F S<br>1 2 3 4 5<br>6 7 8 9 10 11 12<br>13 14 15 16 17 18 19<br>20 21 22 23 24 25 26<br>27 28 29 30 31 |  |

September 2024

[illegible]

## Goals

## Important Dates

## To Do

Notes:



| SEPTEMBER 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

2 Monday

3 Tuesday

4 Wednesday

**5 Thursday**

**6 Friday**

**7 Saturday**

**8 Sunday**

Notes:

| SEPTEMBER 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

9 Monday

10 Tuesday

11 Wednesday

***12 Thursday***

***13 Friday***

***14 Saturday***

***15 Sunday***

Notes:

| SEPTEMBER 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

16 Monday

17 Tuesday

18 Wednesday



**19 Thursday**

**20 Friday**

**21 Saturday**

**22 Sunday**

Notes:

| SEPTEMBER 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

- 23 Monday

- 24 Tuesday

- 25 Wednesday

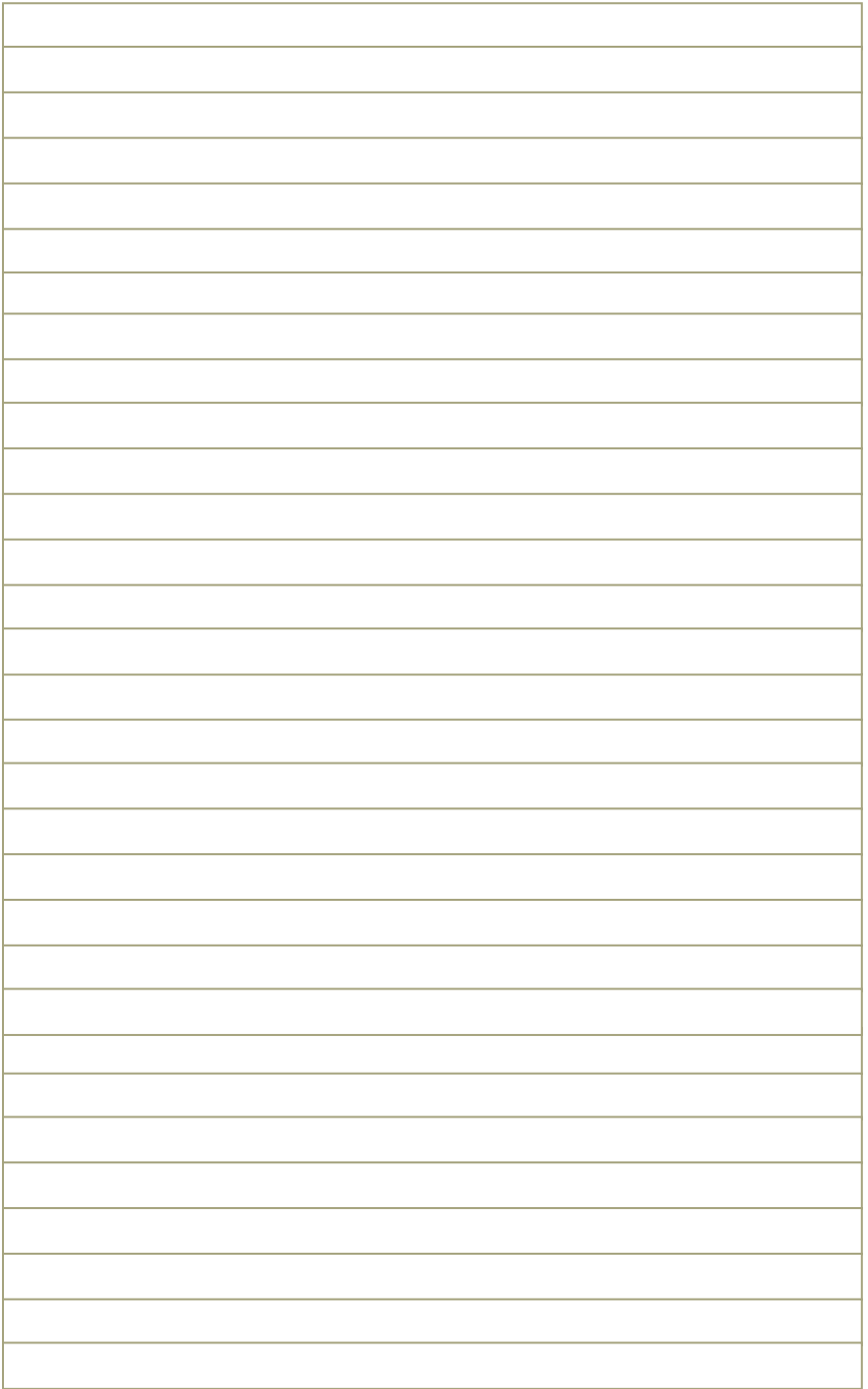
**26 Thursday**

**27 Friday**

**28 Saturday**

**29 Sunday**

[illegible]





Sunday

Monday

Tuesday

Wednesday

SEPTEMBER 2024

S M T W T F S

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30

1

274/92

2

275/91

6

279/87

7

280/86

8

281/85

9

282/84

13

286/80

14

287/79

15

288/78

16

289/77

20

293/73

21

294/72

22

295/71

23

296/70

27

300/66

28

301/65

29

302/64

30

303/63



Thursday

Friday

Saturday

3

276/90

4

277/89

5

278/88

10

283/83

11

284/82

12

285/81

17

290/76

18

291/75

19

292/74

24

297/69

25

298/68

26

299/67

31

304/62

October 2024

NOVEMBER 2024

S M T W T F S  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30

[illegible]



## Goals

## Important Dates

## To Do

Notes:

| OCTOBER 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

30 Monday

1 Tuesday

2 Wednesday

**3 Thursday**

**4 Friday**

**5 Saturday**

**6 Sunday**

Notes:

| OCTOBER 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    |    | 1  | 2  | 3  | 4  |
|              |    |    | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 | 29 |
| 30           | 31 |    |    |    |    |    |

7 Monday

8 Tuesday

9 Wednesday

***10* Thursday**

***11* Friday**

***12* Saturday**

***13* Sunday**

Notes:

OCTOBER 2024

|    |    |    |    |    |    |    |   |
|----|----|----|----|----|----|----|---|
| S  | M  | T  | W  | T  | F  | S  |   |
|    |    |    | 1  | 2  | 3  | 4  | 5 |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |   |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |   |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |   |
| 27 | 28 | 29 | 30 | 31 |    |    |   |

## 14 Monday

## 15 Tuesday

## 16 Wednesday

***17* Thursday**

***18* Friday**

***19* Saturday**

***20* Sunday**

Notes:



| OCTOBER 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    |    | 1  | 2  | 3  | 4  |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

21 Monday

22 Tuesday

23 Wednesday



**24 Thursday**

**25 Friday**

**26 Saturday**

**27 Sunday**

Notes:

| OCTOBER 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

- 28 Monday

- 29 Tuesday

- 30 Wednesday

**31 Thursday**

**1 Friday**

**2 Saturday**

**3 Sunday**

[illegible]

[illegible]



Sunday

Monday

Tuesday

Wednesday

OCTOBER 2024

S M T W T F S

1 2 3 4 5

6 7 8 9 10 11 12

13 14 15 16 17 18 19

20 21 22 23 24 25 26

27 28 29 30 31

8 307/59 4 308/58 5 309/57 6 310/56

10 314/52 11 315/51 12 316/50 13 317/49

17 321/45 18 322/44 19 323/43 20 324/42

24 328/38 25 329/37 26 330/36 27 331/35



[illegible]



Goals

Important Dates

To Do

Notes:

| NOVEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 | 29 | 30 |

4 Monday

5 Tuesday

6 Wednesday

**7 Thursday**

**8 Friday**

**9 Saturday**

**10 Sunday**

Notes:

| NOVEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 | 29 | 30 |

11 Monday

12 Tuesday

13 Wednesday

***14 Thursday***

***15 Friday***

***16 Saturday***

***17 Sunday***

Notes:

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

NOVEMBER 2024

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

**18 Monday** \_\_\_\_\_

**19 Tuesday** \_\_\_\_\_

**20 Wednesday** \_\_\_\_\_

**21 Thursday**

**22 Friday**

**23 Saturday**

**24 Sunday**

Notes:

| NOVEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 | 29 | 30 |

**25 Monday** \_\_\_\_\_

## 26 Tuesday

**27 Wednesday** \_\_\_\_\_



**28 Thursday**

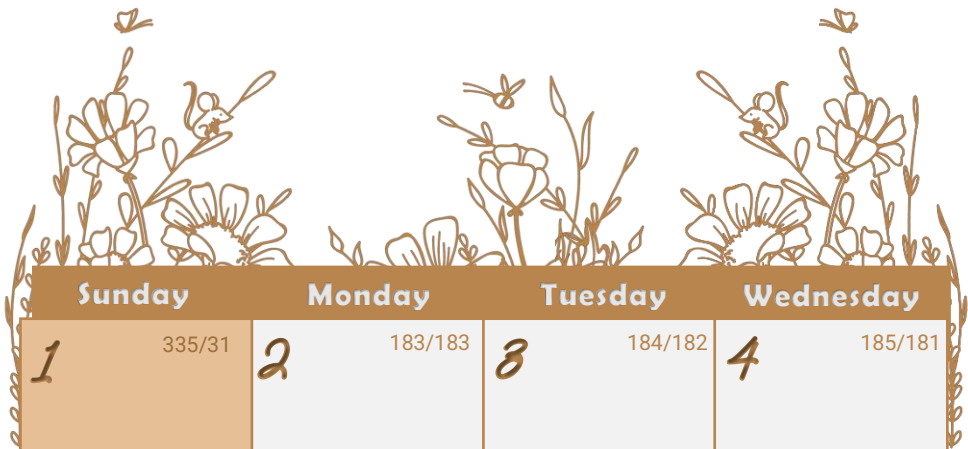
**29 Friday**

**30 Saturday**

**1 Sunday**

[illegible]

[illegible]



| Sunday |         | Monday |         | Tuesday |         | Wednesday                                                                                                                      |         |
|--------|---------|--------|---------|---------|---------|--------------------------------------------------------------------------------------------------------------------------------|---------|
| 1      | 335/31  | 2      | 183/183 | 3       | 184/182 | 4                                                                                                                              | 185/181 |
| 8      | 189/177 | 9      | 190/176 | 10      | 191/175 | 11                                                                                                                             | 192/174 |
| 15     | 196/170 | 16     | 197/169 | 17      | 198/168 | 18                                                                                                                             | 199/167 |
| 22     | 203/163 | 23     | 204/162 | 24      | 20/161  | 25                                                                                                                             | 206/160 |
| 29     | 210/156 | 30     | 211/155 | 31      | 212/154 | NOVEMBER 2024<br>S M T W T F S<br>1 2<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30 |         |



| Thursday  |  | Friday    |  | Saturday                                                                                                                         |  |
|-----------|--|-----------|--|----------------------------------------------------------------------------------------------------------------------------------|--|
| 5186/180  |  | 6187/179  |  | 7188/178                                                                                                                         |  |
| 12193/173 |  | 18194/172 |  | 14195/171                                                                                                                        |  |
| 19200/166 |  | 20201/165 |  | 21202/164                                                                                                                        |  |
| 26207/159 |  | 27208/158 |  | 28209/157                                                                                                                        |  |
|           |  |           |  | JANUARY 2025<br>S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30 31 |  |

December 2024

[illegible]

## Goals

## Important Dates

## To Do

Notes:

DECEMBER 2024

S M T W T F S

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30 31

2 Monday

3 Tuesday

4 Wednesday



**5 Thursday**

**6 Friday**

**7 Saturday**

**8 Sunday**

Notes:

| DECEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

9 Monday

10 Tuesday

11 Wednesday

**12 Thursday**

**13 Friday**

**14 Saturday**

**15 Sunday**

Notes:

| DECEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

- **16 Monday** \_\_\_\_\_

- **17 Tuesday** \_\_\_\_\_

- **18 Wednesday** \_\_\_\_\_

**19 Thursday**

**20 Friday**

**21 Saturday**

**22 Sunday**

Notes:

| DECEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

23 Monday

24 Tuesday

25 Wednesday

**26 Thursday**

**27 Friday**

**28 Saturday**

**29 Sunday**

Notes:

| DECEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

30 Monday

31 Tuesday

1 Wednesday



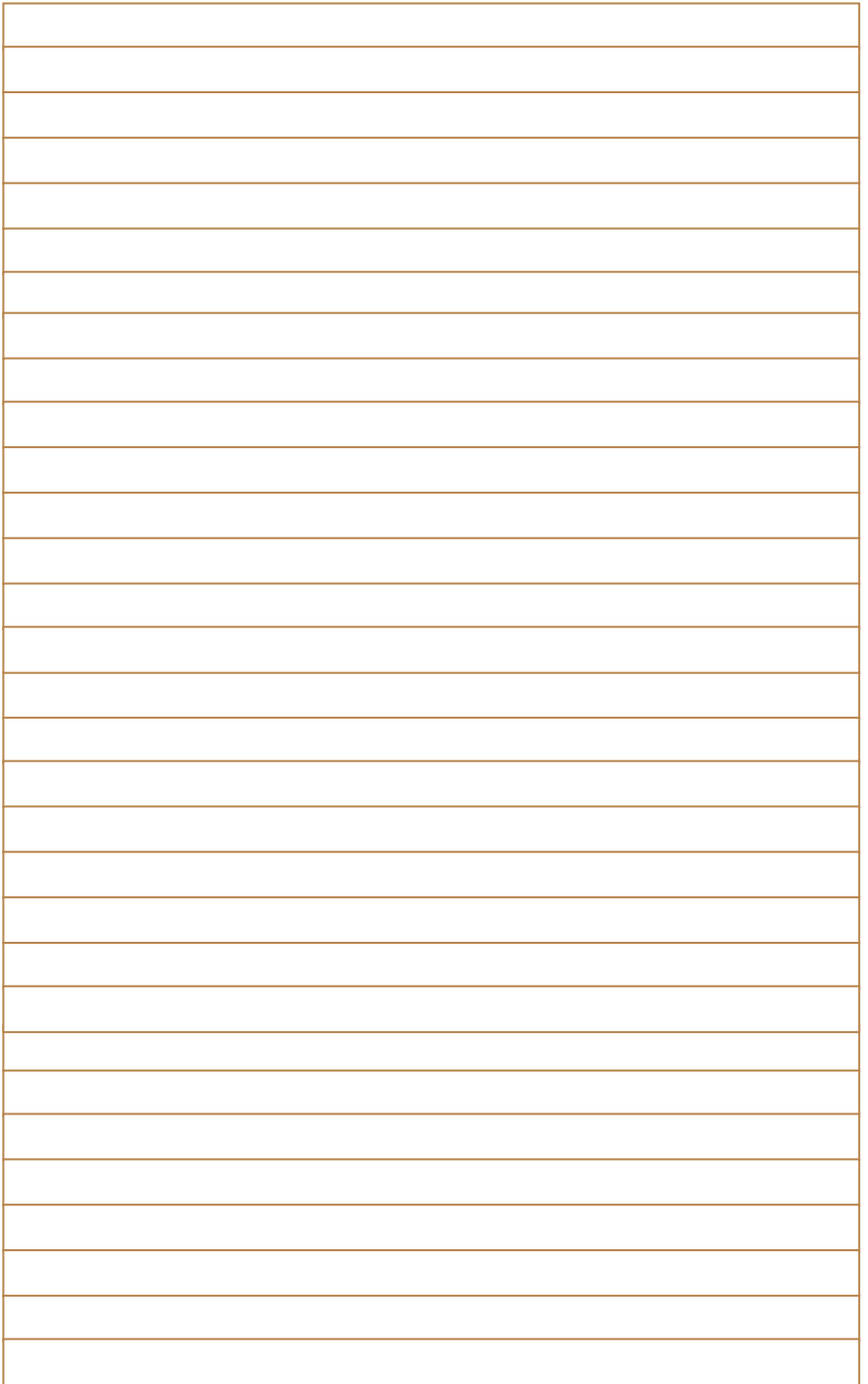
**2 Thursday**

**3 Friday**

**4 Saturday**

**5 Sunday**

[illegible]



[illegible]

[illegible]

[illegible]

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[illegible]

[illegible]

[illegible]

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[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

[illegible]

